



AGENDA: REVIEW FOR THE ABOM CERTIFICATION EXAM

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**Bray Obesity
Symposium**

On-Demand Course

OPENING REMARKS AND ABOM CERTIFICATION EXAM OVERVIEW

OBESITY ETIOLOGY

Genetics, Epigenetics, and Environmental Drivers of Risk | *G. Srivastava, MD*

PATHOPHYSIOLOGY OF OBESITY

Part 1: Physiologic Regulation of Body Weight and Body Composition | *S. Heymsfield, MD*

Part 2: Energy Homeostasis: Role of Energy Expenditure in Weight Regulation | *E. Ravussin, PhD*

Part 3: Obesity and the brain: Why and How Surgery and Pharmacotherapy work | *C. Morrison, PhD*

ASSESSMENT OF PATIENT WITH OBESITY

Weight Hx, PE, assessment, screening QNR | *V. Albaugh, MD*

NUTRITIONAL OVERVIEW AND ASSESSMENT

Nutrition Overview and Assessment for Bariatric Surgery | *C. Champagne, PhD, RD*

MEDICAL NUTRITION THERAPY

Dietary patterns, VLCD, meal replacement | *J. Ard, MD*

PHYSICAL ACTIVITY AND CARDIORESPIRATORY FITNESS

Role in health, assessment, exercise Rx | *N. Johannsen, PhD*

BEHAVIORAL APPROACH TO WEIGHT MANAGEMENT

Motivational interviewing, counseling, mental ED screening, self-monitoring | *P. Brantley, PhD*

PHARMACOTHERAPY

Part 1: Drug induced weight gain, Guidelines, outline AOM, interactions, and follow up | *D. Ryan, MD*

Part 2: AOM for comorbidities, off-label use, combinations, emerging AOM | *D. Ryan, MD*

BARIATRIC SURGERY

Part 1: Guidelines, overview of procedures, benefits, pre-surgery assessment | *V. Albaugh, MD*

Part 2: Post op-complications, long term health maintenance, weight regain | *P. Schauer, MD*

GENETIC AND SYNDROMIC OBESITY | *G. Srivastava, MD*

PEDIATRIC OBESITY

Part 1: Critical life course determinants of risk assessment, and staging | *A. Staiano, PhD*

Part 2: Guideline based obesity treatment | *K. Queen, MD*

MULTIDISCIPLINARY TEAM BASED CARE

Many Roles, Working Together | *L. Boyer, FNP*

PRACTICE MANAGEMENT

Billing, Reimbursement, Additional Services | *T. Gilbert, MD*



AGENDA: BRAY OBESITY SYMPOSIUM

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WELCOME TO THE BRAY OBESITY SYMPOSIUM & PBRC

SCIENCE OF OBESITY

Obesity - The Pandemic Without End | *P. Katzmarzyk, PhD*

Genetic Basis of Obesity | *C. Bouchard, PhD*

Supplements for Weight Loss – Fact behind the Fiction | *S. Heymsfield, MD*

Weight loss and Metabolic Adaptation | *E. Ravussin, PhD*

GEORGE BRAY KEYNOTE

ANTI-OBESITY MEDICATION (AOM)

Medications and Obesity Part 1 | *D. Ryan, MD*

Medications and Obesity Part 2 | *D. Ryan, MD*

WORKSHOP SESSIONS PART 1

A How to Individualize Diet Interventions – includes popular diets like keto, plant based and VLCD. Take home the tools you need! | *C. Champagne, PhD, RD*

B Essentials of the History and Physical Exam for Patients with Obesity | *B. Saunders, MD*

C Peri-Op Management of the Bariatric Surgery Patient | *J. Domercant, MD*

WORKSHOP SESSIONS PART 2

D Practical Tips for Office Measurement of Weight, Anthropometrics and Metabolic Rate | *S. Heymsfield, MD*

E How to Deliver Intensive Behavioral Therapy Lifestyle Interventions in Your Practice | *P. Brantley, PhD*

F Fundamentals of Obesity Management for the Pediatric Population | *K. Queen, MD*

ADVANCED ANTI-OBESITY MEDICATION (AOM)

Single and Dual GLP-1 Receptor Agonists – Safety and Efficacy | *F. Greenway, MD*

DIET, ACTIVITY, AND BEHAVIOR

Dietary and Physical Activity Assessment – New Evidence-Based Approaches | *J. Apolzan, PhD*

Family Based Pediatric Intervention | *A. Staiano, PhD*

Can Primary Care Providers Succeed in Obesity Management? Lessons from PROPEL and REPOWER | *P. Katzmarzyk, PhD*



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WELCOME

METABOLIC SURGERY - THE EVOLUTION

Physiology of Bariatric Surgery | *V. Albaugh, MD*

Metabolic Surgery Long-term Safety and Efficacy Updates | *P. Schauer, MD*

Preventing and Managing Complications for the Primary Care Physician | *M. Cook, MD*

Metabolic Surgery for the Pediatric Population | *P. Schauer, MD*

Endoscopic Weight Loss Procedures - Ready for Primetime? | *C. Hudson, MD*

GENE BERRY KEYNOTE

Metabolic Surgery - A Cure for Type 2 Diabetes? | *W. Pories, MD*

COMBINING SURGERY WITH LIFESTYLE & AOM'S

Pre-Operative Weight Loss | *J. Domercant, MD*

Managing Weight Regain After Surgery | *J. Almandoz, MD, MBA, FTOS*

Extreme Obesity (BMI >60) | *P. Schauer, MD*

TREATING OBESITY TO TREAT OBESITY RELATED COMPLICATIONS

Infertility and High-Risk Pregnancy | *L. Redman, PhD*

Obstructive Sleep Apnea | *P. Singh, PhD*

Type 2 Diabetes (T2D) | *V. Fonseca, MD*

Non-Alcoholic Fatty Liver Disease (NAFLD) | *P. Schauer, MD*

SELECT: Implications for Obesity Care | *D. Ryan, MD*

Cancer | *J. Brown, PhD*

OBESITY AND THE PATIENT PERSPECTIVE

Panel Discussion | *P. Schauer, MD & J. Domercant, MD with Volunteer Patients*

OBESITY STIGMA & ITS DETERRENCE TO EFFECTIVE TREATMENT | *J. Nadglowski*

TREATMENT OF DYSLIPIDEMIA IN PATIENTS WITH OBESITY | *H. Bays, MD*



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Total Hours:

ADDITIONAL ON-DEMAND PRESENTATIONS

- **METABOLIC SURGERY FOR HEART FAILURE**
| Wilson Tang, MD
- **IMPACT OF BARIATRIC SURGERY ON ADIPOSE TISSUE INFLAMMATION-THE CENTRAL CAUSE OF OBESITY RELATED DISEASE**
| Sayeed Ikramuddin, MD
- **METABOLIC SURGERY REDUCES COGNITIVE DECLINE AND PROGRESSION TO DEMENTIA**
| John Gunstad, PhD
- **NEW INSIGHTS IN METABOLIC SURGERY AND EATING DISORDERS**
| Carel Le Roux, MBChB, MSC, FRCP, FRCPath, PhD
- **METABOLIC SURGERY AS A RENOPROTECTIVE INTERVENTION**
| Ricardo Cohen, MD
- **HARNESSING PHYSIOLOGY TO IMPROVE OBESITY TREATMENT**
| Lee Kaplan, MD
- **PUTTING INTO PRACTICE THE NEW AMERICAN ACADEMY OF PEDIATRICS CLINICAL PRACTICE GUIDELINES TO TREAT CHILDHOOD OBESITY**
| Amanda Staiano, PhD
- **MAXIMIZING METABOLIC SURGERY WITH ANTI-OBESITY MEDICATIONS**
| Jaime Almandoz, MD, MBA, FTOS
- **ADDRESSING HEALTH DISPARITIES AND HEALTH EQUITY IN THE TREATMENT OF OBESITY**
| Fatima Cody Stanford, MD, MPH, MPA
- **USING INCRETIN-BASED DRUGS FOR OBESITY**
| Ania Jastreboff, MD, PhD
- **SEMAGLUTIDE AND IMPLICATIONS FOR METABOLIC SURGERY**
| Rachel Batterham, PhD, FRCP