



**PENNINGTON  
BIOMEDICAL  
RESEARCH CENTER**

*Louisiana State University System*



# **HUMAN RESEARCH PROTECTIONS PROGRAM EDUCATION AND TRAINING**

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**WELL BEYOND THE EXPECTED.**

[www.PBRC.edu](http://www.PBRC.edu)

# Why Are You Here?

## Because you are...

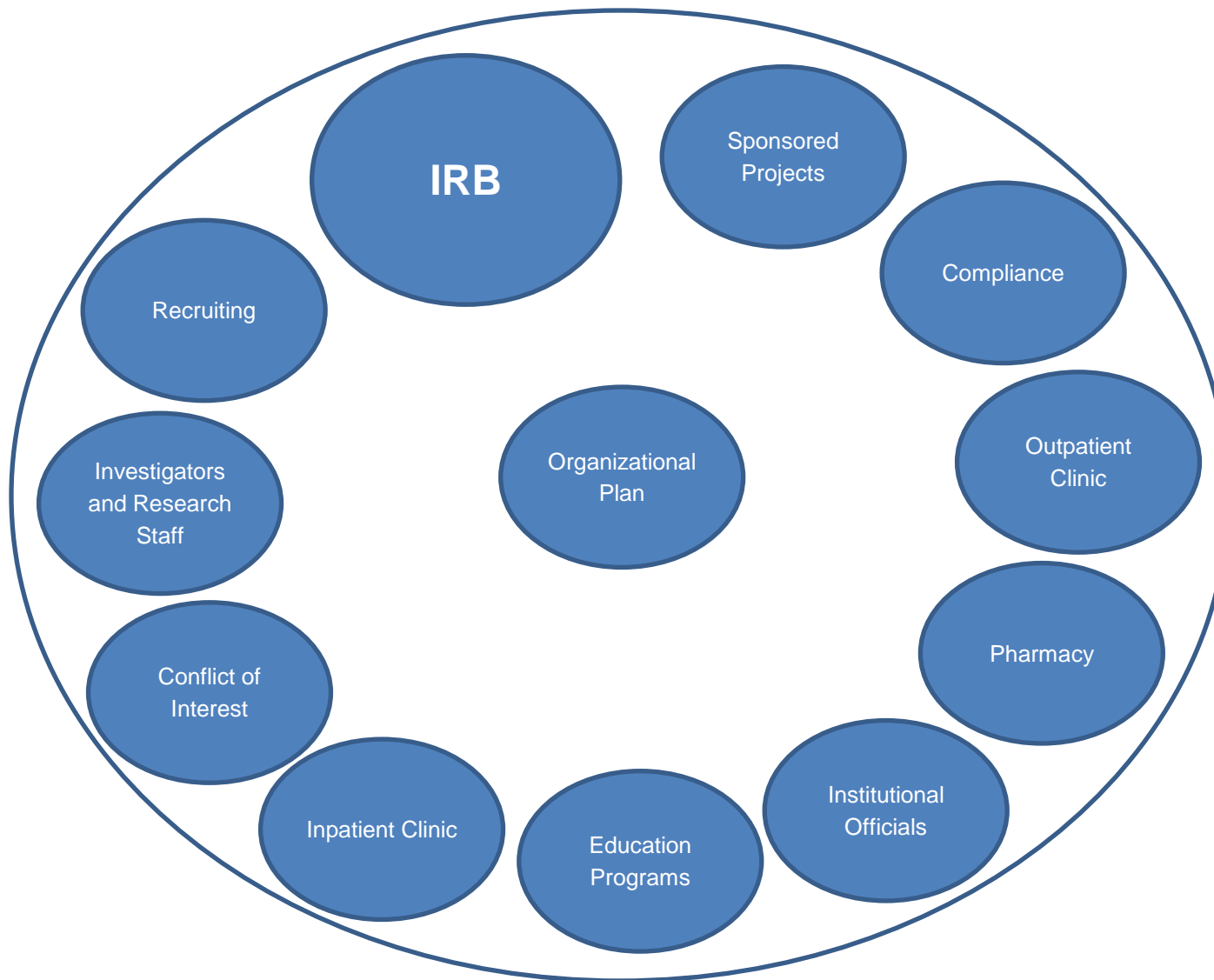
- **A Pennington Biomedical Researcher**
- **Research Staff**
- **You have a role(s) in the Human Research Protection Program**

## What is a Human Research Protections Program?

**It's not the IRB**

- Ensures balance of the welfare, safety and rights and interests of human subjects vs. the medical and scientific benefits to individuals and society.
- Governs all human research activities conducted by investigators and research staff.
- Aligns Pennington Biomedical's research policies and procedures with existing regulatory framework

# Pennington Biomedical HRPP



## **Pennington Biomedical developed the HRPP:**

- **To strive to adhere to the highest ethical standards in the protection of human research participants**
- **To establish a formal process to monitor, evaluate and continually improve the protection of human research participants.**
- **To exercise oversight of research protection.**
- **To educate investigators and research staff about their ethical responsibility to protect research participants.**
- **To meet accreditation standards for the Association for Accreditation of Human Research Protection Programs**

**AAHRPP accredits high-quality human research protections programs in order to promote excellent, ethically sound research.**

- **Done through a voluntary, peer-driven, educationally focused program which aims to foster a culture of conscience and responsibility**

## Why is Pennington Biomedical seeking accreditation?

- **Improves human research protections programs**
- **Improves research quality**
- **Builds public trust**
- **Assures regulatory compliance**
- **Reduces burden from government and industry inspection**

# AAHRPP Advantages, cont.

- **Leads to better risk management**
- **Makes the research program more competitive**
- **Helps in recruiting participants and sponsors**
- **Fosters alliances with accredited organizations**



- **Based on U.S. federal regulations for conducting human research**
- **Department of Health and Human Services**
  - **45 CFR 46**
- **Food and Drug Administration**
  - **21 CFR 50, 56**
- **ICH Good Clinical Practice Guidelines (International)**
- **Department of Defense Regulations**
- **Department of Education Regulations**
- **Common Sense**

## REGULATIONS



## AAHRPP



- **What is the Belmont Report?**
- **What is the “Common Rule”? OHRP? FDA? HIPAA?**
- **How does your research protect human subjects?**

# What Do Standards Evaluate?

## **Structure of our institution**

- **What we have**

## **Process**

- **How we do it**

## **Outcome**

- **What we achieve**

# AAHRPP Does Not...

- **Audit decisions made by the IRB**
- **Critique researcher's proposals**
- **Report findings to regulatory agencies**

**The entire process is confidential!**



- **In order to achieve AAHRPP accreditation, AAHRPP will spend 2-3 days at Pennington Biomedical.**
- **AAHRPP site visitors will interview the following:**
  - **IRB Members**
  - **Investigators**
  - **Research Staff**
  - **Administration**
  - **Institutional Officials and Institutional Designees**

- **Vulnerable Populations**
- **DOD Research**
- **DOE Research**
- **Recruiting/Advertising**
- **Consent Process**
- **Deviations/Violation**
- **Unanticipated Problems**
- **Investigational Drugs**
- **Institutional Policies affecting the HRPP**

## Principal Investigator

- **Provides continuous and appropriate oversight of their study and staff**
- **Assume ultimate responsibility for all study related activities and are directly responsible for the protection of human subjects**
- **Maintain mandated education requirements**
- **Report to the IRB the progress of your study annually or more if mandated by the IRB**
- **Proper tissue banking**
- **Maintain adequate resources for the study**



## **Principal Investigator, cont.**

- **Consistent sound research study design**
- **Minimize risk to subjects**
- **Maintain an equitable selection**
- **Informed Consent Process according to Federal Regulations**

## Research Staff

- **First impact with subjects (screening)**
- **Informed Consent Process according to Federal Regulations**
- **Maintain education requirements**
- **Minimize risk to subjects**
- **Follow the protocol**
- **Report problems to the PI and the IRB if applicable**

## **Institutional Staff supporting the HRPP**

- **Recruiting**
- **In-Patient Unit**
- **Out-Patient Clinic**
- **Institutional Officials**
- **Imaging**
- **Sponsored Projects**
- **Others...**

## [WWW.PBRC.EDU/HRPP](http://WWW.PBRC.EDU/HRPP)

- Policies and Procedures
- Guidance for investigators and staff
- Forms and applications
  - Applications for Initial, Continuing Review, Modifications and Subject Materials
- Study Procedures with Associated Risk for the Consent
- Consent Templates
- **Protocol Template**

## **Training and Responsibilities**

- **What do you consider your primary responsibility in conducting a human research study?**
- **What kind of training did you receive in conducting human research?**
- **To whom do you go for help on issues, regulatory or ethical?**
- **What type of training do you require for your staff?**

## **Training and Responsibilities, cont.**

- **Describe your oversight of the study and the communication that occurs regarding the study, i.e. do you have weekly meetings?**
- **Who is responsible for preparing and submitting IRB correspondence?**
- **Do you maintain a regulatory file for this study and where is it stored?**

## Research

- **What is your research topic(s)?**
- **Describe what mechanism you have in place to ensure that each subject meets the stated inclusion/exclusion criteria and that all study procedures are implemented as written.**
- **What mechanisms do you have in place to protect the confidentiality of your research participants?**
- **How frequently is the study data reviewed, i.e. per subject, per month, etc.?**

## **Research cont.**

- **Do you have a DSMB (Data Safety Monitoring Board)? If not, why not?**
- **What are your recruitment measures?**
- **Where (in what setting) is the consent obtained?**
- **Is the prospective participant given a copy of the consent form to read prior to the discussion of the project?**



## Research, cont.

- **What is the time interval between the presentation of the research study information and the actual signing of the consent form?**
- **Who addresses/answers questions presented by the participant or participant's family?**
- **What methods do you use to determine that the subject truly understands the project, especially the risks involved?**
- **Is the principal investigator usually/typically present for the informed consent process?**

## Research, cont.

- **Are there additional regulations for studies with vulnerable populations? How do you find out? What do you do about it?**

## **PROTOCOL DEVIATIONS VS. VIOLATIONS**

**Protocol Deviation - any departure or inadvertent act in study activity from the currently approved protocol**

- **Classified as serious (affecting subject safety, rights welfare and/or data integrity)**
- **Non-Serious deviations do not affect subject safety, rights, welfare and/or data integrity**

**Protocol Violation – intentional acts or continuous acts in which the IRB approved protocol is not followed**

## **IRB**

- **What does the IRB do?**
- **Do you have positive or negative feelings about the IRB?**
- **What is the IRB's reputation?**
- **What is the IRB's reputation regarding turn-around time?**

## **SESSION TWO TOPICS**

- **Consent Process**
- **Waiving the consent process**
- **Unanticipated Problems**
- **Conflict of Interest**
- **Privacy vs. Confidentiality**