

## History of Pennington Biomedical Research Center

The vision of the Center was conceived by oilman and philanthropist C.B. "Doc" Pennington. His \$125 million gift to Louisiana State University in 1980 provided the resources to put the design in motion. "Doc" Pennington's plan is now pursued in a complex spanning 320,000 square feet of research and administrative space, with an additional 260,000 square feet planned or under construction.

### For Additional Information

For further information, to request a speaker for your group, or to be added to our mailing list, contact: Dr. Catherine Champagne, 225-763-2553, or [champacm@pbrc.edu](mailto:champacm@pbrc.edu)

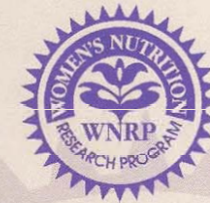
For information or to volunteer for a clinical research study, call 225-763-2596. Visit our Web Page at [www.pbrc.edu/wnrp.htm](http://www.pbrc.edu/wnrp.htm)



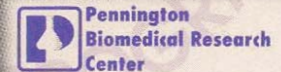
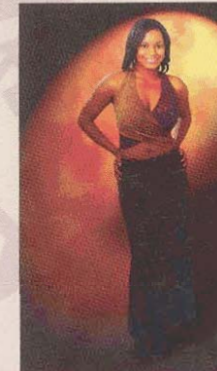
**Catherine M. Champagne**

Ph.D, RD, LDN, FADA  
Program Coordinator

*The Pennington Biomedical Research Center's mission is to promote healthier lives through research and education in nutrition and preventive medicine. The process begins with basic research on food and nutrients at the laboratory bench. Findings are then tested in the kitchen or applied to human volunteers in a clinical setting. Ultimately, results are shared with scientists and spread to consumers through education programs and commercial applications.*



Pennington Biomedical Research Center  
Louisiana State University System



## Women's Nutrition Research Program

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# Women's Nutrition Research Program Mission Statement

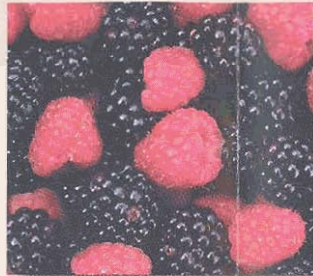
*To promote basic and clinical research related to nutrition and disease prevention in women and to encourage the inclusion of women in clinical research trials.*

The Pennington Center's Women's Nutrition Research Program promotes research on nutrition and disease prevention in women. The program brings together previously existing research at the Pennington Center and combines these activities with collaborations with scientists at other research



centers and health care facilities. A research, education, and outreach pro-

gram specifically targeted to women is warranted since until recently medical research focused primarily on men. Women were often not represented in clinical research trials unless the studies were of specific concern to women, such as in the areas of breast and ovarian



cancer, reproduction, and menopause. There has been a lack of attention to gender differences in regards to nutritional needs, body composition, and the progression of chronic disease. Consequently, the WNRP seeks to



address the particular needs of minorities, since minority women are at a greater risk for chronic disease. To complement its research programs, the WNRP offers educational programs,

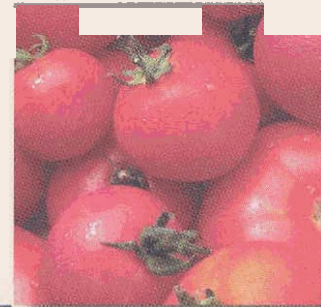
including the annual Irene W. Pennington Wellness Day for Women to address women's unique health concerns.



# HISTORY

The WNRP was established in 1997 in response to the interests of the many researchers at the Pennington Center who were studying issues related to women's health. Dr. Jennifer Lovejoy coordinated the program until 2003, when Dr. Catherine Champagne was named coordinator. A native of Louisiana, Dr. Champagne is a nutritionist who focuses on dietary habits and food consumption patterns of populations.

A working group with representation from several institutions and area hospitals was formed to plan the program's directions



and activities. WNRP is interested in advancing inter-disciplinary collaborations among investigators at Pennington and other health care and research facilities

throughout the state and nation. Furthermore, the WNRP should initiate educational activities to help spread important health messages to



women throughout Baton Rouge and Louisiana.